

CPD events – foundation, first-line and mid-level leaders

CPD events for police officers and staff working at leadership foundation level and above.

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Leadership events for police officers and staff working at or towards leadership stages one to three of the [leadership standards](#):

- stage one – leadership foundations
- stage two – first-line leaders
- stage three – mid-level leaders

Leadership events

These are virtual events held on Microsoft Teams. All events will be recorded and available on the [leadership learning platform](#) (you will need to sign in).

Wednesday 11 June 2025, 2pm to 3pm

Tackling imposter phenomenon in policing

Learn three key tactics to overcome self-doubt, build confidence, and improve resilience in the workplace.

Led by Inspector Adhnan Afzal, West Midlands Police.

[Book a place](#)

Neurodiversity events

Join our neurodiversity webinar series this June with Devon and Cornwall Police. These sessions will provide valuable insights into neurodivergence and how to support colleagues in the workplace.

These are virtual events held on Microsoft Teams. All events will be recorded and available on the [leadership learning platform](#) (you will need to sign in).

Tuesday 3 June 2025, 2pm to 3:30pm

Thinking about people who think differently

Gain insights into neurodivergence and specific learning differences (SpLDs) and learn practical ways to support neurodivergent colleagues in the workplace.

This session will cover:

- different forms of neurodivergence and SpLDs
- the unique strengths and challenges neurodivergent individuals may experience
- practical ways to provide support in the workplace
- relevant resources and support networks

Led by PC John Holland, Performance and Inclusion Team, Devon and Cornwall Police.

Please note this session is now full. There is a waitlist available.

[Book a place](#)

Tuesday 10 June 2025, 2pm to 3:30pm

Autism on the front line

Learn strategies for supporting autistic individuals during police interactions and providing inclusive services.

This session will cover:

- what autism is and how autistic people experience the world
- how to communicate effectively with autistic people
- strategies for safeguarding autistic people during police interactions
- good practices for providing an inclusive and supportive service

Led by PC John Holland, Performance and Inclusion Team, Devon and Cornwall Police

[Book a place](#)

Monday 16 June 2025, 2pm to 3:30pm

Dyslexia in the workplace

Enhance your understanding of dyslexia in the workplace and learn strategies for supporting neurodivergent colleagues.

This session will cover:

- what dyslexia is and how it presents in the workplace
- the unique strengths and challenges dyslexic colleagues may experience
- practical ways to provide support in the workplace
- relevant resources and support networks

Led by Chief Inspector Chris Leisk, Neurodiversity Support Network Chair, Devon and Cornwall Police.

[Book a place](#)

Wednesday 18 June 2025, 2pm to 3:30pm

ADHD and how it affects policing

Gain a deeper understanding of ADHD, its effects on officers, staff, and offenders, and how to better support neurodivergent colleagues in the workplace.

This session will cover:

- the myths of ADHD – what ADHD really is
- why ADHD appears to be on the rise
- exploring both the positives and negatives of ADHD
- identifying practical ways to provide support for ADHD in the workplace
- ADHD in the criminal justice system

Led by PC David Flavin, ADHD Lead, Devon and Cornwall Police.

Please note this session is now full. There is a waitlist available.

[Book a place](#)

Wednesday 25 June 2025, 2pm to 3:30pm

Keep calm, it's only Tourette's

An insightful session on Tourette Syndrome (TS), its challenges, and strategies for effective support.

This session will cover:

- the history and modern understanding of TS
- lived experiences - the daily challenges and triumphs
- positive and negative police interactions with TS
- low arousal models for effective support
- practical strategies for managing dysregulation and distress

Led by Malachi Tasker-Ralph and Marie Hutchinson-Ralph.

[Book a place](#)

Wednesday 2 July, 11am to 12pm

Using neuro-linguistic programming to manage stress

A focused session on using neuro-linguistic programming (NLP) techniques to handle stress during promotion processes and beyond.

This session will cover:

- how we absorb information and how our unconscious mind processes it to shape our decisions, behaviours, and emotional responses
- how these unconscious patterns can contribute to stress in high-pressure situations
- NLP techniques that help manage stress and boost performance

Led by Detective Superintendent Steve Ashdown, Force Authorising Officer, Bedfordshire Police.

[Book a place](#)

Tags

Leadership development